



GPC European Championships 2026



Meet Directors:

David Rex Thomas (GPC World Technical Officer)

Email tdavex@aol.com

Dayle Longford (UKIPL President)

Email powerliftingukipl@gmail.com

Final Entry Deadline is April 30th

Team payments can be collected by each country and sent together providing each lifter's details have been individually inputted on the accompanying form. This can only be done by the head of the GPC for each country.

BANK TRANSFER

The entry fee for

1 event: £87 or €100

2 events: £104.50 or €120

3 events: £117 or €135

Please make payments for bank transfer to:

Account Name: **Dayle Longford**

Bank Name: **Revolut**

Account Number: **17315484** IBAN: **GB57 REVO 0099 7040 0102 89**

Sort Code: **04-29-09** BIC/SWIFT Code: **REVOGB21**

Proposed Lifting schedule (Subject to change, an additional day can be added if entries are sufficient)

- Two platforms will be running each day
- All weigh in will be 24 hours before (further timings will be released closer to the event)

Disciplines/Events: There will be 11 competitive disciplines: PWL, BP, DL, SQ – RAW & EQ, BP F8, BP Soft, Biceps Curl.

Day/Date	Discipline/Event	Category
Saturday 16/05/26	Powerlifting (All disciplines)	All Women
	Powerlifting (All disciplines)	Male Teens
	Powerlifting (All disciplines)	Male Juniors
Sunday 17/05/2026	Powerlifting (All disciplines)	Male Masters
	Powerlifting (All disciplines)	Male Open
	Bicep Curl	All Lifters

Competition Equipment:

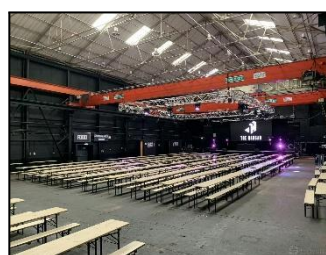
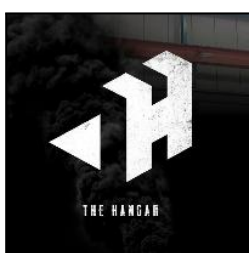
For the competition, the platform will be equipped with a Mono Lift, Competition Bench, and Deadlift Platform, along with the necessary bars for each lift.

In addition, the warm-up area will feature three Mono Lifts, three Competition Benches, and three Deadlift Platforms, providing athletes with the necessary tools to warm up efficiently before their lifts. This comprehensive setup ensures that all competitors have access to high-quality equipment throughout the event.

Competition Venue: The Hangar

Address:

The Hangar
Pearson Street
Wolverhampton
WV2 4HP



Venue Information:

Website: <https://www.hangarvenues.co.uk/the-venue/>

Car Parking:

Car Parking is available nearby at Bell Place and Dudley Road.

Background:

In amongst the industrial framework of Wolverhampton lies a multi-functional space, a space unlike most.

Formally one of the oldest steel manufacturing warehouses in Wolverhampton, The Hangar is a 17,000 sq ft venue offering event organisers a unique, versatile and exciting space.

The building itself is a single bay industrial building of steel truss roof construction and brick side elevations. It contains translucent roof lights, fully operational overhead cranes, the latest in sound and light technology and giant LED screens for visual effect.

The Hangar can be transformed and resized to suit the requirements of many different events, including concerts, comedy, live sport, cinema, street food festivals, conferences, exhibitions and more.

Hotel Recommendation:

Redwings Lodge

- 45 Waterloo Road, Wolverhampton WV1 4QL
- Pay on arrival just secure room with card details
- Breakfast available
- [Redwings Lodge Wolverhampton Central - Guest Reservations](#)

Premier Inn Wolverhampton

- Broad Gauge Way, Wolverhampton, West Midlands, WV10 0BA
- Wolverhampton Train Station 0.5 mile
- [Wolverhampton City Centre Hotels | Premier Inn](#)

Novotel Wolverhampton

- Union Street, Wolverhampton, United Kingdom, WV1 3JN
- Novotel Wolverhampton is located in the heart of the City of Wolverhampton with the Train station just six minutes' walk and located close to Wolverhampton Grand Theatre and the University of Wolverhampton. The Hotel has car parking, restaurant, bar with outdoor terrace and meeting facilities onsite
- [Rates - Novotel Wolverhampton ALL - Accor Live Limitless](#)

Transport Information:

Birmingham Airport (Birmingham International)

<https://www.birminghamairport.co.uk>

Birmingham international train station operates regular trains to Wolverhampton. There are also various car rental companies operating out of Birmingham airport.

Train Station

Direct regular trains are available from Birmingham International (Birmingham Airport) to Wolverhampton station.

Approximately a 20 minute journey

Wolverhampton station

- Corn Hill, Wolverhampton, West Midlands, WV1 1LE
- Tickets and Journey Planner <https://www.nationalrail.co.uk/>

Bus Station

- 3 Victoria Square, Wolverhampton WV1 1LD
- Journey planner [Wolverhampton | NX Bus West Midlands](#)